

VOICE OF THE RESIDENTS

VOL. XX, No. 5

BROADMEAD, COCKEYSVILLE, MD

JANUARY, 1999

CORE VALUES, THE FOUNDATION OF OUR LIFE TOGETHER AT BROADMEAD

At its annual Retreat in 1996, your Board of Trustees focused on the core values that are the foundation of our life together at Broadmead. One of these values is the stimulation and growth that come from the interactions and relationships within a diverse population of neighbors, friends, and colleagues. After carefully considering how this issue might be addressed at Broadmead, the Board suggested the creation of a Task Force on Community Diversity to be made of four appointments from each of our constituencies – Residents, Staff and Board. (At its second meeting, the Task Force asked that an additional “resource person” be appointed from each area who could provide additional ideas, experiences, and information that would assist the Task Force.) As it begins its work, the Task Force is eager to inform all members of the Broadmead Community of its goals and efforts.

We understand “diversity” at Broadmead to mean the active presence of persons of a variety of social, ethnic, and cultural backgrounds, as well as from various religious and spiritual orientations. It includes the opportunity to experience the different ways of being human by culture, race, gender, sexual orientation, age, or physical ability and is seen in food, music, art, dress, recreation, etc. For us, diversity does *not* mean “affirmative action” which has to do with legal requirements, *nor* “social mission” which is related to society as a whole. Our goal is not to establish or meet quotas, or modify our standards for admission of Residents, hiring of Staff, or membership on the Board. Our approach is rather

to emphasize and facilitate the wholeness of our Community and deepen our connections with one another in the nature of human life.

In many ways, Broadmead is already diverse; the many interests and activities of our Residents, the makeup of our Staff and our Board of Trustees are indications of a variety of backgrounds and experiences. At the same time, diversity is an ongoing concern and requires continuous effort, lest we slip into a world of comfortable homogeneity which fosters the barriers of separation and isolation. A diverse community will be one where different experiences produce different points of view; more than tolerance, this will require openness and a true appreciation for the value that differences provide. Patricia Moore Harbour writes in *Healing the Heart of Diversity*, “Every time we meet someone who is different – the ‘other’ – we get to choose. I get to choose to be with you out of my judgments. Or I can set those aside, open my heart and listen from where you sit. It is from that choice that new action can come.”

The Broadmead Community is a place of dynamic action, energy and growth. It is also a place of safety, support, and trust. Your Task Force on Community Diversity believes these two healthy human needs can work together to help us all reflect on whatever separates us from one other, enhance our dialogue of authentic listening and speaking, and deepen our bonds of connection within the Human Community. We invite you to join us in this enriching and enlivening process.

Barrett Rudd

Member, Board of Trustees

Chair, Task Force on Community Diversity

* * *

A Happy New Year to All!

In Memoriam

ALBERT COUSINS

October 25, 1907 -- December 10, 1998

MARRIAN WILSON

October 1, 1902 -- December 19, 1998

MARY R. DEARING

December 11, 1909 -- December 21, 1998

* * *

NOVEL THEOLOGY

by Elsa Lundgren

Monday, January 4, 1999

11:00 a.m. in the Auditorium

Invisible Man

By Ralph Ellison

Review by Dr. Carl Edwards

All Welcome

* * *

VESPERS

by Elsa Lundgren

Sunday, January 17th - 4:30 p.m.

In the Lounge

THE REV. JAMES PULLUM

Stevenson A. M. E. Church

* * *

Moving about in the community

by Patricia A. I. R. Rodak

Doris Smith to P-6 410-785-1970

Emily Reed from C-6 to Taylor 308

* * *

A Note from Melinda D. Purkey

BY THE BOOK

Table reservations have been made simpler, now that the reservation book is in the Dining Room. Stop in person Monday to Saturday from 11:00 to 7:30 and from 10:30 - 2:30 on Sundays. Or phone 410-785-7728 [extension 3352] and leave a request on voice mail at any hour, day or night.

SATURDAY PROGRAM OFFERINGS

by Charles Hobelmann

Saturday, January 16 at 7:15 p.m.

JAMES O'LEARY

Exploring the Solar System

Saturday, January 23 at 7:15 p.m.

ALAN MOORE

Documentary Filmmaking for the Public

* * *

Open Forum . . .

by Nydia Finch

Thursday, January 7th - 10:30 a.m.

Speaker: Mary T. Matheny

Director, Regional Initiative for
CPHA (Citizens Planning and
Housing Association)

Topic: The Regional Imperative for
Baltimore County

Thursday, January 21st - 10:30 a.m.

Speaker: Dr. Victor A. McKusick

Professor of Medical Genetics,
The Johns Hopkins University

Topic: The Human Genome Project

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COUNTRY STORE HOURS

Beginning January 4, 1999, the Country Store will be open Monday through Friday from 10:00 a.m. to 2:00 p.m., and on Saturdays from 11:00 a.m. to 1:00 p.m. Approximately 50 volunteers work there, and our Volunteer Chairman, Mildred Smeallie (410-527-0533), is always happy to learn of other Residents who would like to become a part of this activity.

* * *

MOVIES ON TUESDAYS AT SEVEN

by Thelma Becherer & Barbara Hudson

1/5 Paradise Road 1987 (115 min.)

Dr. Bruce Heresford, Glenn Close,
Pauline Collins, Caye Blanchette, Francis
McDormand, Julianna Margulies.

Heresford scripted and researched this movie based-on-fact account of a band of women who become united as they are held in a Japanese POW camp in Sumatra during WW2. They form a symphonic chorus and create beautiful harmony amid their misery.

1/12 Mrs. Brown 1957 (103 min.)

Directed by John Madden with Dame Judi Dench, Billy Connolly, Antony Sher.

Dench and Connolly offer memorable performances in this fascinating historical drama. Dench is cast as Queen Victoria, who is distraught over the death of her beloved husband, Prince Albert. She ends up putting her trust in a commoner, John Brown (Connolly), her new hunting guide and stable groom, resulting in much tumult within her court.

1/19 Mrs. Dalloway

A captivating, romantic story based on the acclaimed Virginia Woolf novel. Mrs. Dalloway (Vanessa Redgrave) is preparing for a party when she remembers a past summer. Her preparations are interrupted by the unexpected arrival of a former suitor whose appearance strikes a chord of romantic and tragic truth deep in her soul.

1/26 The Horse Whisperer 1998 168 min.

Robert Redford, Sam Neill, Kristin Scott Thomas, Scarlett Johansson, Dianne Wiest

The story of 14-year-old Grace MacLean who is physically and emotionally scarred after a riding accident on her prized horse. Desperate to help her daughter, Annie MacLean finds Tom Booker who works to rebuild the lives shattered by the accident. Love blossoms between the horseman and the uprooted sophisticate, which results in unexpected consequences.

* * *

SUNDAY CONCERT SERIES

by Phil Schnering

Sunday, January 10, 1999 - 2:00 p.m.

GREGORY SIOLES – Piano

Mr. Sioles is a faculty member at The Peabody, and he has played for us before with some fine music.

Sunday, January 24, 1999 - 2:00 p.m.

PEABODY RAGTIME ENSEMBLE

Well-known group of Peabody graduates who do a wonderful presentation of ragtime music.

* * *

TIME WILL TELL

Nancy Rowe

We find it	Hangs heavy
We lose it	Runs fast
We spend it	Expires
We use it.	Is past.

We bless it	It's short
We chide it	It's long
We make it	It's right
We bide it.	It's wrong.

We waste it	Computers
We share it	Can keep it
We buy it	Can count it
We spare it.	Can leap it.

We have it	But can they
We leave it	Reflect
We plan it	The time
We thieve it.	We expect

We watch it	Millennium
We set it	Day
We check it	A. D.
Forget it.	Y-2-K ?

It drives us	Whatever
It fools us	Clocks toll
It serves us	Father Time's
It rules us.	In control.

OPEN FORUM

Reviewed by Robert Sparks

On November 21, Landrum Bolling, a representative of Mercy Corps International, spoke on developments in Bosnia and Kosovo.

We learned that the current instability in that region may be traced to the legacy of Tito. When he established himself as President for Life, Yugoslavia was a coalition of seven republics with varied backgrounds of religion, ethnicity, and nationality. His plan for his successor provided for an annual presidency, rotating among the seven republics. Our speaker called this a formula for chaos since no President would have had enough time to organize a government that could promise continuity. This structural vacuum led to competition for power in which the ambitious leaders used religious and ethnic identity to foster nationalism in guise of patriotism.

The political paradigm was manifest in Kosovo where a population of 90 per cent Albanians and 10 per cent Serbians with 90 per cent practicing Muslims created tensions. Outside observers attribute that tension to religious and ethnic differences. But Landrum Bolling calls this a misconception. He points to a history of intermarriage among Croats, Slovenes, Serbs, and others even across religions over the past 50 years without any tension.

The violent and non-violent ethnic cleansing which came with the power struggles has left deep wounds on the psyche of the populace which will take much time to heal. In Bosnia where this is proceeding under the watchful eye of NATO troops, there is 40 per cent unemployment, and Mr. Bolling observed that reconciliation and restoration cannot come without economic development. He sees some progress in that direction and was impressed by the expansion of small loan programs through which individuals and families are setting up small businesses.

He gave poignant eyewitness accounts of suffering as families struggle to rebuild bombed homes in face of material shortages and lack of funds. Although violence in Kosovo has almost ceased, he sees threats to peace in the lack of trust in Milosovic and evidence that the Kosovo Liberation Army is continuing to arm. That near-peace depends on the behavior of the two contesting sides and the ability of NATO peacekeepers to operate without casualties.

Mr. Bolling expressed guarded optimism that, after a slow and difficult healing process, a lasting peace may be maintained.

SATURDAY NIGHT AT THE MOVIES

by Frank Hijikata

January 2 – WAG THE DOG

1997 97 mins. Rated R

When the president is caught in a sex scandal less than two weeks before the election, a White House spinmaster (Robert DeNiro) creates a phony war with the help of a Hollywood producer (Dustin Hoffman). It is a wickedly funny political satire that some say couldn't be more timely.

Monday, January 18 [special date]—

to remember Martin Luther King, Jr.'s birth

FOUR LITTLE GIRLS

1997 102 mins. Not rated

This documentary spotlights the aftermath of the KKK-inspired bombing of a Black church in Birmingham which resulted in the deaths of four innocent young girls. This impacted greatly on the then evolving civil rights movement. Interviews with surviving family members as well as a revealing talk with ex-Alabama governor George Wallace. Film directed by Spike Lee.

January 30 – DEATH AND THE MAIDEN

1994 103 mins. Rated R

A literate and provocative thriller in which the wife (Sigourney Weaver) of a lawyer in a South American country, which has just been liberated from dictatorship, accuses a seemingly kind doctor (Ben Kingsley) who has come to her husband's assistance years later, of having been tortured and sexually abused by him when she was a political prisoner.

* * *

The Activities Department presents

WEATHER FACTS, MYTHS, AND TALES

Speaker: Don Lipman

Date: Friday, January 8

Time: 2:00 p.m.

Place: Auditorium

Specifically designed for those with a non-technical background who are interested in learning more about Baltimore's "wacky" weather and how it compares with the weather in other parts of the nation and world.
All Residents welcome weatherwise or otherwise

Remembering Names

People are impressed and flattered when someone remembers their name. Here are five simple strategies for remembering people's names:

1. *Hear* the name. When someone is introduced to you, pay attention and listen carefully. Quietly repeat it to yourself.
2. *Spell* the name. If it's a fairly common name, such as Jones, spell it out in your head a few times. If the name is uncommon, ask the person to spell it for you.
3. *Remark* about the name. Invite the person to tell you a little more about the name. You will not only flatter the person by making this request but also will be etching the name deeper into your memory.
4. *Use* the name during the conversation. Even if the conversation is brief, use the name as often as possible. That will reinforce it in your memory.
5. *Repeat* the name when departing. Always say, "Good-bye, Sheila," not just "good-bye." It is not only a common courtesy to bid farewell to someone by name, but it helps you toward your goal of recalling the name in the future.

Suggested by Mary Lou Moon

ASIA'S ECONOMIC CRISIS: THE TOPIC OF THE DAY

On December 10th, the Open Forum heard Dr. Christopher Carroll, Associate Professor of Economics at The Johns Hopkins University, recently returned after a year with the President's Council of Economic Advisors, where one of his duties was to track the economic crisis in Asia.

Dr. Carroll summarized the achievements of these nations in bringing the institution of globalized free trade to their region, a process which lifted hundreds of millions out of poverty. Success was thwarted by the collapse of the economy of Thailand in 1997. Our speaker traced the causes of that breakdown to the role of the banking system in converting people's savings into investment, a process that depends on bankers' expertise in evaluating loans for proposed projects. The two bases of such decisions are: (1) the experience of the past projected into the future; or (2) the fundamental requirements for success applied to future circumstances. Throughout Asia there has been an inadequate application of the fundamentalism approach to bank lending. This has resulted in "crony capitalism" which worked in the early stages of development but became disastrous in the later stages. The failure of a few key projects

led to a loss of depositors' confidence and mass withdrawals. The Thai situation resulted in uncertainty in neighboring nations concerning their deposits and loans.

The International Monetary Fund (IMF) is the conventional response when such crises threatened to spread to other nations. It has been criticized, mainly for its inherent moral hazard. This suggests that the expectation that the IMF will bail out failures may induce excessive risk on the part of the lenders or borrowers. Dr. Carroll noted that the answer to that criticism is better bank supervision, and he detailed the accounting principles this would involve.

The implications of the Asia crisis for the U.S. economy were also covered. The most immediate of these have been realized through the growth of our trade deficit as our exports to Asia have declined and our imports from Asia have increased due to the decline in the value of their currency. Since this happened when U.S. labor markets were tight, the Asian crisis has served as a brake to stop overheating of the U.S. economy, thereby dampening inflation. But some political pressures for protectionism may result.

Our speaker is optimistic that in the long term these countries will remain committed to free and open trade which will lead to a stronger global economy.

--Robert M. Sparks

DOES AFFIRMATIVE ACTION BENEFIT THE COUNTRY?

On November 19, the Open Forum sponsored an address by Avis Ransom on the subject. Mrs. Ransom, an African American, is the principal and senior consultant of R and B Limited, a consulting firm which seeks contracts on projects that concern housing, economic development, personnel training, and management systems. The firm deals with all levels of government, non-profit agencies, and business enterprises.

She began with a definition of affirmative action. It deals with the laws, policies, and customs that promote or force changes in the allocation of resources in order to benefit one part of the population. The favored group gets the benefit; the excluded group does not get the benefit, and sometimes has to relinquish resources that it has owned.

Mrs. Ransom then noted that affirmative action has been practiced in this country since our earliest settlers. When settlers received land from the king or his representative, that was affirmative action; Native Americans were the excluded group who did not benefit, and actually were forced to relinquish the land which had for many centuries been their home.

The introduction of slavery also illustrates affirmative action: the owners of slaves not only benefited from the lifelong work of their human property, but also from the labors of all their slaves' descendents. When President Lincoln and the Congress decreed the Emancipation Proclamation, it was a demonstration of affirmative action—slaves gained their freedom, and slaveholders lost their property.

The government policies that grew out of the civil rights movement of the 1960s and

1970s were different in purpose from earlier actions. Latter-day affirmative action sought to rectify injustices. Laws were enacted covering access to jobs, education, and the contracts made with businesses to carry out work for the government. In these instances, affirmative action was meant to provide access to Blacks and other groups previously discriminated against, including women, in accordance with their percentage of the population in the area where the work would be performed. Critics said that this implied setting quotas, but officials denied this. The speaker also noted her objection to quotas. She also said that the program never intended to make incompetent individuals or firms the beneficiaries of such actions.

Universities have responded well to the idea of including race as one of the factors in their admission policies, and have often argued against state laws that seek to remove that factor from consideration. Job access has been hampered by failure to provide beneficiaries good training for the higher level positions. There has been retrenchment in action programs and the courts have lately sided with the opponents of the program.

Is affirmative action good for the country? If we agree that we are one country, with equal opportunity for all, the answer would be in the affirmative. But are we one country? The speaker felt that as a creative people, we can try to overcome differences. Her view is that perhaps we cannot rectify problems by regulations; it may need to come through a change of heart.

In the discussion period, there were many in the audience who questioned whether waiting for a change of heart would bring about any changes in the status quo. --Abe Makofsky

FLORAL TRIBUTE

The flowers at Broadmead are lovely . . . the arrangements in the whole Center are artistic and beautiful. The growing plants are healthy and well-kept. All these things take time and talent and add so much to the attractiveness and charm of Broadmead.

--Jane Zouck



END OF YEAR
by Sarah Cooper

How do we write Decemberly items when the month has been a total fake? Up to now, Snoopy of comic strip fame may be skating on his frozen birdbath, but we are looking at daffodil bulbs shooting up five inches in our neighbor's garden. We may wake up on a cloudy morning, but the sun is shining brightly by noon. Frost lies thick on the ground while we are dressing and melts before we take the trash out. The seasonal decorations deck our halls with artificial wintry effects. So far, however, our heaviest winter clothing remains unused, unneeded. It's been a strange, yet beautiful time, mostly sunny. Even when it rains, the results are hardly dampening. After a whole day of downfall, the ground soaks it up; it's dry the next day, and we are into blue cloudless skies again.



ONE DAY, a cat dies of natural causes and goes to Heaven. There, he meets the Lord Himself.

The Lord says to the cat, "You lived a good life. If there is any way I can make your stay in Heaven more comfortable, please let Me know."

The cat thinks for a moment and replies, "Lord, all of my life I have lived with a poor family and had to sleep on a hard wooden floor..." The Lord stops the cat. "Say no more." And a wonderful fluffy pillow appears.

A few days later, six mice are killed in a tragic farming accident and go to Heaven. Again the Lord is there to greet them with the same offer. The mice answer, "All our lives we have been chased. We have had to run from cats, dogs, and even women with brooms. We are tired of running. Do you think we could have roller skates so we don't have to run any more?" The Lord says, "Say no more." And fits each mouse with a pair of fine inline skates.

About a week later, the Lord stops by to see the cat and finds him snoozing on the pillow. The Lord gently wakes the cat and asks him, "How are things going since you arrived here?"

The cat stretches, yawns, and replies, "It is just wonderful! Better than I could have expected. And those Meals on Wheels! They're the best!"

>^,^< --Selected

R
DOC IN A BOX

—John B. De Hoff, M.D.
Health Care Education Subcommittee

Religiously Healthy

It is said that regular attendance at religious services improves our spiritual being, perhaps saves our souls. A recent article reports that such regular attendance improves our health, perhaps saves our lives. (*Amer. J. Publ. Hlth.*, June 1997)

As early as 1897, religious affiliations and mortality were compared. Mortality rates were found to be lower in strict religious groups like Mormons and Seventh Day Adventists. Today, dwellers in Israel's religious kibbutzim have lower mortality, less stress, increased resistance to disease, and better well-being when compared to secular kibbutzim workers. Further, over the past two decades clinical reports note more frequent religious attendance is associated with less depression, lower blood pressure, better general health and improved life satisfaction.

Flaws in these studies led public health researchers in California to launch a 28 year-long investigation of health and religious practices. Regularly, nearly 7000 persons between the ages of 16 and 94 in a California county were queried about attendance at religious services, smoking, alcohol use, exercise, marriages, and group or organizational activities. Denominational differences were intentionally minimized or ignored.

Frequent religious attenders had lower death rates, a difference more pronounced among women than men. Women attended services more frequently than men and evidenced a stronger religious commitment. General good health practices, like avoidance of cigarette smoking and alcoholic beverages, were more pronounced among regular attenders. No evidence linked religious attendance to exercise or marriage, although occasional attenders did increase initially low rates of exercise and frequent attenders were more likely to stay married to the same person.

Any health factors that exist in frequent religious attendance to influence better health practice, could include peer influence, enhanced self-esteem, strong sense of self control, certain intrinsic religious practices, and increased social contacts and community activities.

One other item of interest: The unique healthiness of residents in Roseto, PA, that 30 years ago was thought due largely to a diet heavy in pasta, olive oil, and red wine, has been lost when outmigration occurred and church attendance slipped. Roseto is now making major efforts to restore its former strong community orientation and religious life to regain its former healthiness.

Swing is *back*??? It never left Broadmead!

Let's Dance!
Big Bands of Yesteryear
Eddie Slaughter, Chair

Dance throughout the last year of this century on
second Mondays of each month
at 7:00 p.m. in the Lounge

Monday, January 11, 1999
Everyone Welcome!

* * *

Snapshots of the Camera Club
by Jane Earhart

January 15, 1999
10:30 a.m.
Lower Level Meeting Room

ALL WELCOME

Whodunit?

Best Bridge Player of the Year
BETH BROWN

was awarded the HAINES FELTER PRIZE
for best bridge etiquette and play for 1998
by the Tuesday Group

--Marcia Evert

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Harry S. Scott, Jr., *Editor*
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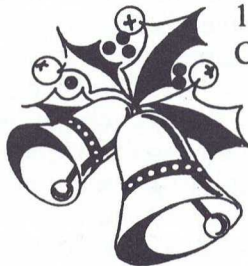
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